



PROGRAM OVERVIEW

The **Safe-Tech Working at Heights Training Program** is designed for workers who may perform construction related activities and at times be required to work at heights where fall protection is required. **This CPO Approved Training Program** provides workers and supervisors with the necessary knowledge required to safely work at heights and prevent fall related accidents. Participants will be instructed on how to correctly select, inspect, maintain, and use a wide variety of fall protection components and systems. Working at heights training is valid for 3 years after the successful completion of an approved program. After 3 years, workers need to successfully complete a refresher program to keep their training valid for another 3 years.

COMPLIANCE

Program is in compliance with Ontario regulation 213/91 section 26 of the Construction regs and meets or exceeds all requirements of both the CPO Approved Working at Heights Program Standard and Training Provider Standard.

“construction employee” means,

- a. an employee employed at the site in any of the activities described in the definition of “construction industry”,
or
- b. an employee who is engaged in off-site work, in whole or in part, but is commonly associated in work or collective bargaining with an employee described in clause (a);

“construction industry” means the businesses that are engaged in constructing, altering, decorating, repairing or demolishing buildings, structures, roads, sewers, water or gas mains, pipe lines, tunnels, bridges, canals or other works at the site;

COURSE REQUIREMENTS

Each learner *must have completed a Basic Occupational Health and Safety Awareness Training* course under Ontario Reg. 297/13 before attending a Working at Heights program (copy link below).

- <https://www.labour.gov.on.ca/english/hs/elearn/worker/foursteps.php>
- *Safety footwear required*

PROGRAM INCLUDES

- Participant Workbooks
- Written examinations
- Record of training report
- Individual certificates

CLASSROOM TRAINING CONTENT

- Identification of fall hazards
- Equipment selection
- Understanding anchorage points
- Fall protection systems and components
- Ladder Safety
- Calculating fall clearances
- Rescue plan importance
- Standards and regulations
- Body Harness selection and application
- Component inspection and maintenance

LANGUAGE COMPREHENSION

Safe-Tech programs are conducted in English and best suited for participants with good English comprehension. Please advise our office at the time of booking and prior to the start of the course of any comprehension concerns or if you will be providing a translator when warranted. The instructors will do their best to accommodate, however Safe-Tech cannot be held responsible for any situation where comprehension was a factor due to a language barrier or impediment.

DURATION & LOCATION

One day in-class program includes both theory and practical components and is offered at off-site locations in the GTA.

SAFE-TECH ADVANTAGES

Safe-Tech is the Working at Height and Equipment Training Partner of [Workplace Safety & Prevention Services](#) and this program is Ministry of the Environment Director Approved (0.7 CEUs).

- **Safe-Tech** programs meet or exceed all pertinent standards and regulations.
- On-Site programs are offered on any shift, 24/7
- Our internal data management and tracking system automatically notifies clients at least 30 days before personnel are due for applicable recertification.
- **Safe-Tech** is the first and only training company in the industry to offer a **satisfaction guarantee**. *“If the content or presentation of any Safe-Tech program is not to your complete satisfaction, there will be no charge”.*

Safety Training Specialists since 1989